

**LODESTONE ADVENTURES, Inc.  
Teambuilding Programs**

**ITEMS TO WEAR and/or BRING**

**\*CLOSE TOED SHOES REQUIRED**

**\*LAYERED CLOTHING**

**T-Shirts, Pants, Shorts, Sweats, Socks, Jacket, Bathing Suits, Beach Towel, Etc.**

**\*SLEEPING BAG, PILLOW and/or BEDDING**

**\*TOILETRIES: Towels, Shampoo, Soap, Etc.**

**\*FLASHLIGHT**

**\*CAMERA**

**\*SUNSCREEN / BUG REPELLENT**

**\*SUN VISOR and/or HAT**

**\*INDIVIDUAL WATER BOTTLE**

**\*EXTRA SNACKS FOR IN BETWEEN MEALS**

**\*TOTE BAG / DAY PACK FOR PERSONAL BELONGINGS**

**\*LIP BALM**